



# Hunt 2 Heal

EST. 2019

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HUNT2HEAL.ORG



## MISSION:

Hunt 2 Heal is a non-profit organization whose mission is to provide accessible, safe and comfortable outdoor experiences to people with physical disabilities to improve mental health. A barrier free lodge and 640 acres of accessible land provide an outdoor haven for hunting and other outdoor activities that removes many of the barriers to reconnect with nature.

## OUR PROGRAM:

Hunt 2 Heal is unique in that we have created an outdoor haven with a dedicated barrier free lodge and square mile property designed for people with physical disabilities. Our program consists of a full weekend of hunting, meals, bonfires and other fun activities in the great outdoors. There is an application and selection process we have implemented since our hunting weekends are limited. The opportunity is available to all, with no cost.





## Carson Nyenhuis, Founder of H2H

I am a 35 year old outdoor enthusiast that has a love for nature, wildlife, and the sports that go with it.

In October 2016 I was in a bad motorcycle accident that left me paralyzed from the chest down, due to fractures of the T3 and T4 vertebrae of the thoracic spine. I also fractured the C1 and C2 in my neck and was lucky to not have any spinal cord damage there. I was very fortunate to still have my arms.

As you might have guessed, recovery from an accident like mine is quite a process, with a lot of ups and downs. Put simply, there just wasn't anything easy about it. Unfortunately, fractures to multiple bones in both hands further complicated the healing process – both physically and psychologically. I had to have alternating surgeries on my hands so it was a very difficult healing process. As a result, I did a lot of sitting around...a lot! All of this idle time and pain led to a lot of depressing days, and the mental challenges were becoming equally if not more difficult to overcome than were the physical barriers.

I would think every day about all the things I COULDN'T do, about the activities that I wouldn't be doing ever again. And I had enjoyed so many great experiences in my life up to that point; basically if it was something to do with the outdoors or wheels, I was in. There were sooo many things that I was going to "miss" out on. The depression appeared to be getting the best of me.

This was hard but I wasn't going to let it take over my life. I'm going to enjoy every last minute of the rest of my life and get back into my love for the outdoors and motorsports. Unlike many others in my position I am fortunate to have such a supportive group of friends and large family that really stepped up when I needed it the most. My brother got me back onto the lawn mower, riding three wheelers on the ice, boating, fishing, and anything I wanted to do, he's there for me! My friend Dave would throw me over his shoulders to carry me into the hunting blind. My close friends got me back to Colorado skiing the first year after my accident. I've also got into hand cycling, and many other things this past summer. I'm not a therapist or anything but – I tell you what – these activities are far more effective than any drugs or therapy.

Above all, I discovered that getting back into the wilderness proved to be the most important benefit to my emotional and spiritual well-being. And this is how hunt2heal was born.

# The Story Behind Our Mission

<https://www.youtube.com/watch?v=MAedlI8mpXc>

“Our focus at H2H is hunting, however it's way more than just hunting for deer. For me, hunting is a spiritual, almost surreal experience. Sitting silently in a blind with the landscape slowly coming to life and the sounds and smells of nature surround you, and you find yourself becoming one with it. You become keenly aware of the surrounding environment. Then a deer comes walking in front of you and it's so majestic, so intelligent and also tuned in with their surroundings. So cool, you forget about any disability you have.” ~ Carson Nyenhuis, Founder



# UPCOMING EVENTS



## **VOLUNTEER WORK DAY -- BLIND BUILDING #2**

Saturday, March 18, 2023

10:00 AM 5:00 PM

We'll be finishing up any work not done on the first blind build day.



## **CHILI COOK-OFF AND OPEN HOUSE AT THE LODGE**

Saturday, March 25, 2023

2:00 PM 5:00 PM

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Come out to the lodge for a day of homemade chili and drinks and enjoy the lodge. Register now to compete with your best chili or just come to eat and support H2H.

**CHILI**  
**COOKOFF**  
**+ OPEN HOUSE**

## **VOLUNTEER WORK DAY - PROPERTY AND LODGE CLEAN UP**

Saturday, April 15, 2023

10:00 AM 5:00 PM

We'll be cleaning up the trails and food plots, setting up blinds, doing some lodge spring cleaning and more.



## **YOUTH DAY AT THE LODGE**

Saturday, May 13, 2023

2:00 AM 5:00 PM

Kids with physical disabilities (age 10 - 18) and their families are invited to come try out the different adaptive equipment and participate in some fun games and activities. Cruise around the woods in a track chair, learn about adaptive hunting, arts/crafts and more.



More information and sign-ups can be found on our website  
[hunt2heal.org](http://hunt2heal.org)

# UPCOMING EVENTS



## **VOLUNTEER WORK DAY AND GUIDE/HOST TRAINING**

Saturday, May 20, 2023

10:00 AM 5:00 PM

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Join us in the morning for some trail maintenance and food plot work and then stay for a guide and host training if you are interested in volunteering at a Fall hunting weekend. This training is required before hosting or guiding.

## **3RD ANNUAL HUNT 2 HEAL GOLF OUTING**

Friday, June 2, 2023

8:00 AM 2:00 PM

Scott Lake Golf Course

Sponsorship Registration is now open. Join us for the best golf outing around (so we are told, but yes, we are a little partial).

8:30am shotgun start and a steak dinner at the end. Fun games and competitions as well as a raffle and prizes.

## **FAMILY SUMMER CAMP WEEKEND**

Fri, Jun 23, 2023 12:00 PM Sun, Jun 25, 2023 1:00 PM

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This is a great opportunity for kids with physical disabilities and their families to enjoy the lodge and nature in the off season. We'll have fun "summer camp" themed activities throughout the weekend for a great accessible couple of days in the great outdoors at no cost.

## **VOLUNTEER WORK DAY - PROPERTY AND LODGE CLEAN UP**

Saturday, August 26, 2023

10:00 AM 5:00 PM

We'll be cleaning up the trails and food plots, setting up blinds, doing some lodge cleaning and more. If you can help, check out the available opportunities and sign up here.

More information and sign-ups can be found on our website  
[hunt2heal.org](http://hunt2heal.org)



# Contact Information

Property location:  
2402 W. 15 Mile Rd.  
Bitely, MI 49309 (click for map)

Headquarters mailing address:  
Hunt 2 Heal c/o JAG  
Development, Inc.  
3714 28th Street SW  
Grandville, MI 49418

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Whether you want to apply for a hunt, volunteer, donate, etc. there are many opportunities to get involved with us. Check out our website [hunt2heal.org](http://hunt2heal.org) for more info or email [kim@hunt2heal.org](mailto:kim@hunt2heal.org) with any questions or inquiries.



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